

# CENTRE YOURSELF MEDICAL SPA PROCEDURES AND FINANCIAL POLICES

We have created the following policies to provide our patients with the best possible services and experiences. These policies are necessary to avoid expenses and valuable time for both our patient and our professionals. As we strive to provide the absolute best result for all our patients, we ask that you please read over and sign the Medical Spa Policies and understand we must enforce them to achieve our stated goals.

#### **APPOINTMENTS**

Please contact us at 574-968-3510 to schedule an appointment. Please schedule your appointments in advance to ensure your preferred time is available.

All client consultation appointments will require a \$50 reservation fee that will be applied to the selected treatment. However, if you do not schedule any treatments the \$50 fee will NOT be refunded, but rather used as the consultation fee. If you are a "NO SHOW" for your consultation appointment or cancel less than 48 hours in advance, you will forfeit the \$50 fee.

# PRIOR TO YOUR SCHEDULED APPOINTMENT AFTER CONSULTATION

Please review your pre-care and post-care instructions provided during your consultation. These instructions are specific to the service you are receiving and must be followed to receive the best possible results. Failure to follow and comply with signed pre-care and post-care instructions may result in the rescheduling of your service.

<u>For example</u>, all laser hair removal clients should arrive having shaved **one day** before the appointment. By doing this there is a little hair that can be targeted by the laser beam for an effective treatment. You should never "pluck or wax" prior to receiving a laser hair removal service.

For many of our services we cannot treat patients that have sun/UV exposure. That is why it is imperative that you understand your Pre and Post care instructions.

#### ARRIVAL TIME FOR MY APPOINTMENT

Please arrive 15 minutes prior to your scheduled appointment time to prepare for your treatment or service. Because we are a Medical Spa, you may need to update or complete required medical documents prior to your treatment or service.

**Please note** - If scheduled for *Dermal Filler, Neurotoxin, Laser treatment or vaginal rejuvenation,* it is imperative you arrive 15 minutes prior to the scheduled time to prepare for these treatments.

# APPOINTMENTS - LATE ARRIVALS/RESCHEDULING/CANCELLING APPOINTMENT/"NO SHOW"

To assist patients and clients in keeping their scheduled appointments, The Centre, P.C. will utilize various reminder systems which include, but are not limited to telephone calls, text messages, appointment cards, and emails. It is the patient/client's responsibility to provide The Centre, P.C. with accurate information regarding their contact information. The Centre, P.C. will utilize all forms of available patient/client contact information to confirm the scheduled appointment.

# Late Arrival/Rescheduling

Due to the nature of these medical services, each appointment is scheduled for the proper amount of time required to complete the treatment or service. All appointments must begin and end on time to provide each client with the optimal treatment. Should you arrive more than ten (10) minutes late, your appointment will likely need to be rescheduled. For those traveling some distance, it is always recommended to contact our office immediately in the event you foresee arriving late.

We can't accept late arrivals for Neurotoxin appointments due to the allotted 15-minute appointment time. In some instances, we may have a later appointment open that day and may be able to move your appointment time accordingly.

If no appointments are available, your appointment will be rescheduled to the soonest appointment time available or placed on a waiting list. We apologize in advance for any inconvenience this may cause; however, *the responsibility rests with you* 

<u>to be on time for your scheduled appointment.</u> We will do our best to accommodate your availability when rescheduling your appointment. If you arrive late to your scheduled appointment to the extend it must be cancelled and rescheduled (even a same day rescheduling) a "No Show" fee will be accessed as outlined below.

# Appointment Cancelling/"No Show" – Associated Fee

If you are unable to keep your scheduled appointment for any reason, *you must notify our office within 48 hours of your scheduled appointment time* (after hours you will speak with our answering service). If you do not notify our office within the 48 hours, you will be considered a "NO SHOW".

A cancellation fee will be charged to patients that do not cancel their appointment within 48 hours, "No Show" to their appointment, or arrive late to their scheduled appointment to the extend it must be cancelled and rescheduled.

The cancellation fee will be as follows and is based on the Provider's lost time for the cancelled appointment:

- Appointments scheduled for 1 hour (60 minutes) or less: \$50 fee
- Appointments scheduled for more than 1 hour (60 minutes) will be charged:
  - o \$50 per hour, rounding up to the nearest hour.
  - $\circ$  For example, an appointment of 1 hour & 15 minutes will be rounded up to 2 hours and charged a \$50 x 2 = \$100 fee.

We realize life happens. Certain circumstances may create the need to cancel an appointment with less than 48 hours advance notice (i.e., death in immediate family, patient's medical emergency). Therefore, management has the discretion of waiving the cancellation fee *as a one-time exception*.

#### SERVICE PACKAGES & PRE-PAID TREATMENTS

A 50% down payment is required at the time of scheduling for all pre-paid service packages and pre-paid treatments. The balance must be paid in full at the time of the first scheduled appointment of the package. If the balance is not paid, scheduled appointments for these services will be cancelled and the 50% down payment will be forfeited.

Special pricing and discounts aren't allowed to be combined with packages as they are already priced at a discounted rate.

All service packages and prepaid treatments must be used within 12 months of the date of purchase, or they will expire, forfeiting the money paid toward them. You are responsible to contact us prior to the 12-month expiration date to receive a credit for any unused prepaid services. Failure to contact us prior to the 12-month expiration will result in expiration and forfeiture of any non-received services. Special terms could apply to purchases made at our events.

"Cancellation and No-Show Policies" are also applicable to Prepaid Packages.

<u>NO Refunds</u> will be issued for Service Packages or Pre-Paid Treatments. If you are unable to use an un-rendered or pre-paid service, our policy allows for a <u>ONE-TIME</u> exchange of the unused portion toward other services in the form of a credit. Any package discounts will be removed, and each session will be charged the original full price per session. A credit will then be issued for the remaining balance and will be good for 12 months from the original purchase (not 12 months from the exchange date) after which, if not used, will be forfeited.

#### **GIFT CARDS**

What a Great Way to Show Someone You Care! Gift cards may be purchased in any denomination and used for both surgical and non-surgical services. However, gift cards are non-refundable.

Discounted gift cards **MAY NOT** be combined with any other offer (i.e., Spring Fling/Get Glam special event, or an event with discounted pricing listed).

#### **GRATUITIES**

It is not customary to give any kind of monetary tip to your licensed service provider for medical services. The greatest tip we could receive from a client is your repeat business and a great online Google review!

#### PRODUCT RETURNS

As our products are medical grade and tailored to meet the specific needs of each individual client, a follow up appointment should be scheduled for approximately six (6) weeks later with your skin care provider. At this time, the provider will reevaluate your skin and assess the outcome. Our products are medically supervised, just like a prescription you might receive from a physician, thus they cannot be purchased at any location other than a medical spa.

NO REFUNDS will be given for products purchased. Only defective products may be <u>exchanged</u> for alternative products within fourteen (14) business days of purchase. Opened products will not be accepted for exchange or credit. The same policies and procedures apply to On-line purchasing of products.

# **ADDITIONAL POLICIES**

# **CHARGES FOR COPIES OF DOCUMENTS**

We understand that from time to time you may require copies of records from this office. Please understand that we have limited resources whose main purpose is to attend to patient needs; therefore, we will need at least three (3) business days to complete your request for copies of documents. Additionally, a charge for the documents will be assessed in accordance with the current State of Indiana's allowable cost (760IAC 1-71-3).

#### COMPLETION OF FORMS FOR FMLA, DISABILITY, ETC.

If you require completion of documents for application for FMLA, disability, etc., please understand that the healthcare practitioner's time has been scheduled in advance and there is a high likelihood that said forms will not be completed on the day they are received. You should expect at least a thirty (30) business day wait for their completion. Someone from our staff will contact you when the forms are ready to be picked up from the office.

#### **INFORMED CONSENT FOR TELEHEALTH CONSULTATION**

I, understand that telehealth includes the evaluation of my medical history, assessment, consultation, and treatment plan. I understand that I have the following rights with respect to telehealth:

- 1. The laws that protect the confidentiality of my personal information also apply to telehealth. As such, I understand that the information disclosed by me during the course of my sessions is confidential. I also understand that the dissemination of any personally identifiable images or information from the telehealth interaction to other entities shall not occur without my written consent.
- 2. I understand that I have the right to withhold or withdraw my consent to the use of telehealth in the course of my care at any time, without affecting my right to future care or treatment.
- 3. I understand that there are risks and consequences from telehealth, including, but not limited to, the possibility, despite reasonable efforts on the part of the provider, that: the transmission of my personal information could be disrupted or distorted by technical failures, the transmission of my personal information could be interrupted by unauthorized persons, and/or the electronic storage of my personal information could be unintentionally lost or accessed by unauthorized persons. The Centre, P.C. utilizes secure, HIPAA compliant audio/video transmission software to deliver telehealth.
- 4. I understand that if my provider believes I would be better served by another form of intervention (e.g., face-to-face consultation), I will be scheduled appropriately.

- 5. I understand the alternatives to counseling through telehealth as they have been explained to me, and in choosing to participate in telehealth, I am agreeing to participate using video conferencing technology.
- 6. I understand that I may expect the anticipated benefits such as improved access to care and more efficient evaluation and management from the use of telehealth in my care, but that no results can be guaranteed or assured.
- 7. I understand that I have a right to access my medical information and copies of my medical records in accordance with the laws pertaining to the state in which I reside.

I have read and understand the information provided above regarding telemedicine and all of my questions have been answered to my satisfaction.

#### Please check your appropriate response below:

I hereby voluntarily give my informed consent for the use of telemedicine in my medical care. I hereby authorize said provider
to use telemedicine in the course of my diagnosis and treatment.
I hereby DO NOT give my informed consent for the use of telemedicine in my medical care. I hereby DO NOT authorize said
provider to use telemedicine in the course of my diagnosis and treatment.

#### NOTICE OF PRIVACY PRACTICES FOR PROTECTED HEALTH INFORMATION

The practice is committed to protecting the privacy and security of health information as mandated by the Health Insurance Portability and Accountability Act of 1996 (HIPAA) Privacy and Security Rules, the Health Information Technology for Economic and Clinical Health Act of 2009 (HITECH), and applicable Indiana privacy and security laws. The practice provides a framework that promotes understanding and compliance with these laws to ensure all employees are well informed of their responsibilities to maintain the privacy and security of patient, employee, and/or subject data.

The practice must use its best efforts to comply with the HIPAA Privacy Rule and Security Standards for protected Health Information as mandated by the Department of Health and Human Services of the United States Federal Government and The Centre, P.C.'s policies and procedures related to this important federal law.

I hereby acknowledge I have been shown The Centre, P.C. Notice of Privacy Practices for Protected Health Information. I acknowledge I have read and fully understand the Notice. I have been provided the opportunity to ask questions about the Notice and my questions have been answered to my satisfaction.

Please check the appropriate box below for your response:

I AM REQUESTING to receive a copy of The Centre, P.C. Notice of Privacy Practices for Protected Health Information.
I CHOOSE NOT to receive a copy of The Centre, P.C. Notice of Privacy Practices for Protected Health Information.

#### AGREEMENT TO PAY

I agree to pay for all services and charges rendered to me by The Centre, P.C. If this account is not paid in accordance with The Centre, P.C. policies, I agree and guarantee to pay late fees, collection costs, including reasonable attorney fees, collection agency fees, and interest from the date of demand.

We accept the following forms of payment; use of a combination is acceptable:

- > Cash
- Personal Check (see note in "additional notes" regarding returned for insufficient checks)
- ➤ Money Order or Cashier's Check or Debit Card
- > Credit Cards: Visa, Master Card, Discover or American Express
- Financing Plans: We accept payment from Care Credit (<a href="www.carecredit.com">www.carecredit.com</a>), SmartHealth PayCard (<a href="www.smartHealthPayCard.com">www.smartHealthPayCard.com</a>), and BHG Lending

#### NOTICE OF FINANCIAL INTEREST IN HEALTHCARE ENTITY

In addition to the above, I acknowledge with my signature the some of the physicians at The Centre, P.C., are a part-owner of The Centre, P.C., The Centre, L.L.C and Centre Yourself Medical Rejuvenation Spa. The physicians believe the medical spa facilities are an appropriate setting for your medical care. Nevertheless, the selection of a specific healthcare provider always rests with the patient, and you may choose to be referred to an alternative setting if you so desire.

My signature at the end of this document is acknowledging the above terms under the Centre Yourself Medical Spa Procedures and Financial Policies Informed Consent for Telehealth Consultation, Notice of Privacy Practices for PHI, Agreement to Pay, and Notice of Financial Interest in Healthcare Entity.

# **ADDITIONAL NOTES:**

In order to create a calm environment, free from extraneous noise and disruption for all of our patients, we do not allow cell phones, children under the age of 13 (unless they are a patient), or pets of any type or size in the office. Naturally, certified Service Pets are an exception to this policy with accompanying documentation.

In the event you arrive for your appointment with a child under 13 years of age who is unsupervised, or a pet which is not a certified service pet, we will unfortunately have to cancel and reschedule your appointment as it will be treated financially as a "No Show".

Client privacy is of the utmost importance to us as a medical provider; therefore, to protect the privacy of all our clients and staff, we do not allow photographing or video recording while inside our facility ANYWHERE.

Please note that all returned checks for insufficient funds will result in a \$40.00 fee and in the future only cash or credit card payment will be accepted.

I HAVE READ THIS COMPLETE DOCUMENT. I HAVE HAD THE OPPORTUNITY TO ASK QUESTIONS AND HAVE THEM ANSWERED TO MY SATISFACTION. I CLEARLY UNDERSTAND THE MEDICAL SPA PROCEDURES AND FINANCIAL POLICIES OF THE CENTRE, P.C. REGARDING MY SCHEDULED APPOINTMENT AND TREATMENT.

X						
Patient Signature	Date	Witness to Signature	Date			
If a patient is under 18 years of age or otherwise unable to consent, the following must be completed:						
I, hereby certify that I am the						
of the patient, that patient is unable to consent because patient is a minor or because:						
X		X				
Signature of Parent, Legal Guardian,						
Patient Advocate or Next of Kin	Date	Witness to Signature	Date			